



# Columbia Pacific Food Bank

## 2020 HUNGER RUN 5K/10K WALK & RUN

March 7, 2020 | 9am

### REGISTRATION

#### Participant Information

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Phone \_\_\_\_\_  Cell  Home Age on Race Day \_\_\_\_\_ Gender  M  F  Prefer not to answer

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

#### Registration Fees

Adult Fees				
Register By	Jan 24	Feb 14	Feb 28	Race Day
5K Run/Walk	<input type="checkbox"/> \$40	<input type="checkbox"/> \$45	<input type="checkbox"/> \$50	<input type="checkbox"/> \$55
10K Run/Walk	<input type="checkbox"/> \$50	<input type="checkbox"/> \$55	<input type="checkbox"/> \$60	<input type="checkbox"/> \$65

Student Fees (18 & under on race day)				
Register By	Jan 24	Feb 14	Feb 28	Race Day
5K Run/Walk	<input type="checkbox"/> \$25	<input type="checkbox"/> \$30	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40
10K Run/Walk	<input type="checkbox"/> \$35	<input type="checkbox"/> \$40	<input type="checkbox"/> \$45	<input type="checkbox"/> \$50

**Optional\* Commemorative Logo Athletic T-Shirt by Sport-Tec® | *Shirt order must be received by Feb 19th***

**Adult Shirt \$25**  Mens *-or-*  Womens,  XS  S  M  L  XL  XXL (+\$5) | **Youth Shirt \$20**  YS  YM  YL

**Waiver and Release of Liability:** I understand that all registration fees are non-refundable. I understand that running/walking is a potentially hazardous activity. I understand that I should not participate in the Columbia Pacific Food Bank Hunger Run unless I am medically able and properly trained. I agree to abide by any decision of the event organizer relative to my ability to safely complete the race. I assume all risks associated with running/walking in this event, including but not limited to falls, contact with other participants or spectators, the effects of the weather and conditions of the course, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release, Columbia Pacific Food Bank, employees, all participating sponsors and directors, volunteers, their representatives and successors from all claims or liability of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons and entities named in this waiver. I grant permission to all of the foregoing to use my name, likeness and identity in any photographs, motion pictures, recordings of any other record of this event for any legitimate promotional purpose.

Participant Signature (Parent/Guardian if under 18) \_\_\_\_\_

Date \_\_\_\_\_

**Mail Registration Form and Fee to:**  
**(Must be received by Feb 29th)**

Columbia Pacific Food Bank  
 Hunger Run  
 P.O. Box 1031  
 St. Helens, OR 97051  
 Questions? Please call Meagan Fawcett: 503-333-8790

*\*Commemorative shirt purchase is optional and **must be received by Feb 19th**. Shirts will be distributed the day of the event. Shirts are only available for pre-purchase and will NOT be available for purchase the day of the event.*

**Official Use Only:**

Bib #: \_\_\_\_\_  
 Race: \_\_\_\_\_  
 Division: \_\_\_\_\_  
 Date: \_\_\_\_\_  
 Cash  Check  Card